

Sixteenth-Note Triplet Fill Patterns



There are a lot of interesting, unique and simple-yet-difficult-sounding patterns when you start exploring the sixteenth-note triplet. Once you master the timing of the triplet, moving the sticks around the kit can really open up a can of ... fills.

COUNTING SIXTEENTH-NOTE TRIPLETS – Two common ways to count

1 ah le & ah la 2 ah le & ah la 3 ah le & ah la 4 ah le & ah la
 OR
 1 ta ta & ta ta 2 ta ta & ta ta 3 ta ta & ta ta 4 ta ta & ta ta

TIMING SIXTEENTH-NOTE TRIPLETS – Every third hit falls on eighth-notes.

1 R L R & R L 2 R L R & R L ... 3 & 4 &

EXPLORING PATTERNS AROUND THE KIT

1 2 3 4