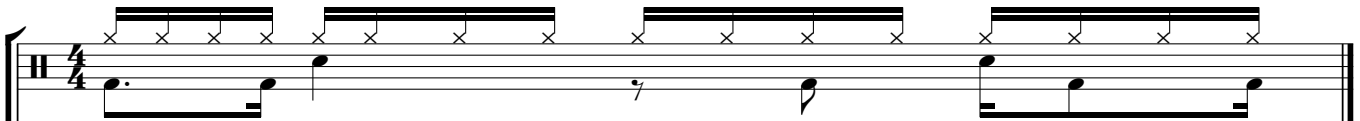


Sweet Beat and Lick


By Alex Ribchester

This is the core groove played with solid 16th notes played only using the leading hand on the hi-hat. Practice this to begin with, simply to get used to the bass and snare placements before we add the 32nd note pattern.



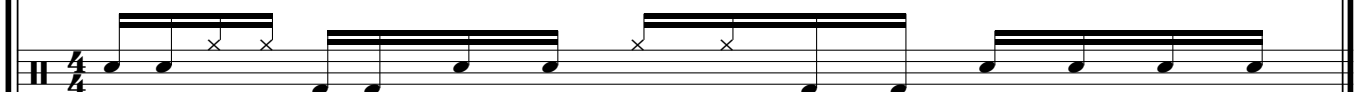
Musical notation for the core groove in 4/4 time. The top staff shows a hi-hat pattern with solid 16th notes: x x x x | x x x x | x x x x | x x x x. The bottom staff shows the bass and snare placements: a dotted quarter note on the first beat, a quarter note on the second beat, a quarter rest on the third beat, and a quarter note on the fourth beat.

This is where we bring the left hand (if you are right handed, vice versa if you are left handed) up to the hi hat to include the 32nd note pattern in the groove. Practice playing beats 2 and 3 on their own to become familiar and internalize the pattern before applying it to the core groove.




Musical notation for the groove with the 32nd note pattern added to the hi-hat. The top staff shows the hi-hat pattern: x x x x | x x x x x x | x x x x x x | x x x x. The bottom staff shows the bass and snare placements: a dotted quarter note on the first beat, a quarter note on the second beat, a quarter note on the third beat, a quarter rest on the fourth beat, and a quarter note on the fifth beat.

Here is a simple little fill that I have just added for fun. It is written out as a single measure, 16th note pattern, using single strokes with the hands that can be used with any 4/4 groove, however it should be played as 32nd notes over beats 3 and 4 when applied to this particular groove. This occurs at 5:56 on the video.



Musical notation for a simple 16th note fill pattern in 4/4 time. The top staff shows the fill pattern: x x | x x x x | x x | x x x x. The bottom staff shows the bass and snare placements: a dotted quarter note on the first beat, a quarter note on the second beat, a quarter note on the third beat, and a quarter note on the fourth beat.

Finally we have both the groove and the fill put together. Feel free to alter the voicing of the fill and add more notes to the groove. Adding some open hi hats on top of the bass drum notes gives the beat a nice flavour as well as starting the fill earlier or letting it spill over in to the next bar. Have some fun with it!



Musical notation for the final combined groove and fill in 4/4 time. The top staff shows the hi-hat pattern: x x x x | x x x x x x | x x x x x x | x x x x. The bottom staff shows the bass and snare placements: a dotted quarter note on the first beat, a quarter note on the second beat, a quarter note on the third beat, a quarter note on the fourth beat, and a quarter note on the fifth beat.