

# Paradiddle Groove Or Fill Idea

By Alex Ribchester

In this lesson we are going to explore an alternative paradiddle pattern, in which we are only playing double strokes on the right hand. All notes played with the left are singles. The aim is to play this at a high tempo - 160 - 200 bpm as 16th notes in a 'Drum and Bass' style context.

Here is the Paradiddle pattern played as a continuous rhythm on the snare drum, to help familiarise ourselves with the sticking. Play the accented notes as rim shots so that they stand out.

Musical notation for a paradiddle pattern on the snare drum in 4/4 time. The notation consists of four measures, each containing a pair of eighth notes. Above the notes, the sticking is indicated as R L R R, L R R L, R L R R, and L R R L. The first and third notes of each pair are accented (>).

Now we can move the pattern to the hats and snare. Play all notes with the right hand on the hi hat and all the left hand strokes on the snare. Again, rim shot on beats 2 and 4, and the added kick will take care of the accents on beats 1 and 2.

Musical notation for a paradiddle pattern on hats and snare in 4/4 time. The notation consists of four measures. The right hand (hi hat) plays eighth notes, and the left hand (snare) plays eighth notes. Above the notes, the sticking is indicated as X L X X, X R X X, X L X X, and X R X X. The first and third notes of each pair are accented (>). There are also 'x' marks above the notes, indicating rim shots.

This is the idea that is played in the video. The only thing we have changed, is that beat 3 has now become two 8th notes and the sticking on beat 4 is different. Try playing this a fill within a high tempo groove.

Musical notation for a paradiddle pattern on hats and snare in 4/4 time. The notation consists of four measures. The right hand (hi hat) plays eighth notes, and the left hand (snare) plays eighth notes. Above the notes, the sticking is indicated as X L X X, X R X X, R L R L, and X L X X. The first and third notes of each pair are accented (>). There are also 'x' marks above the notes, indicating rim shots.

Here we are adding open hi hats on beats 1 and 3. Try and close them when you hit the following snare drum. Below is a couple of examples in which we are experimenting with the stick and rhythm of beat 4. This is a good chance to have some fun with it and make the idea your own.

Musical notation for a paradiddle pattern on hats and snare in 4/4 time. The notation consists of four measures. The right hand (hi hat) plays eighth notes, and the left hand (snare) plays eighth notes. Above the notes, the sticking is indicated as O + X L X X, X R X X, O R X X, and X L X X. The first and third notes of each pair are accented (>). There are also 'o' and '+' marks above the notes, indicating open and closed hi hats.

Play beat 4 as doubles between the hats and snare

Musical notation for a paradiddle pattern on hats and snare in 4/4 time. The notation consists of four measures. The right hand (hi hat) plays eighth notes, and the left hand (snare) plays eighth notes. Above the notes, the sticking is indicated as O + X L X X, X R X X, O R X X, and X R X L L. The first and third notes of each pair are accented (>). There are also 'o' and '+' marks above the notes, indicating open and closed hi hats.

As well as experimenting with these examples, you can have a bit of fun by orchestrating the stick around the kit. There are almost endless possibilities. Enjoy!

Musical notation for a paradiddle pattern on hats and snare in 4/4 time. The notation consists of four measures. The right hand (hi hat) plays eighth notes, and the left hand (snare) plays eighth notes. Above the notes, the sticking is indicated as O + X L X X, X R X X, O R X X, and X L X R. The first and third notes of each pair are accented (>). There are also 'o' and '+' marks above the notes, indicating open and closed hi hats.