

Linear Groove & 32nd Note Doubles Workout

By Alex Ribchester

This is a sweet linear pattern in which we are playing a string of single notes, rather than layering them on top of each other. The key to getting this groove to sound good is by making sure that you nail the dynamics between the ghost notes and accented notes on the snare to provide a steady back beat. Work your way through the patterns below slowly at first and increase the tempo as you become more familiar with the flow of the groove. Try and remain relaxed when playing the 32nd note doubles to prevent the groove from sounding too stiff or rigid. When you have got these ideas down, experiment and create your own combinations of 8th, 16th, and 32nd notes. Enjoy

This is the basic groove played as solid 16th notes. Use this as a way for familiarising yourself with feel of the pattern.



In this pattern we are simply removing the kick drum note from the 'e' of beat 4



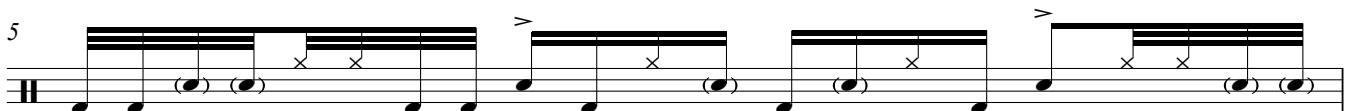
Here we are introducing some 32nd notes on the '&' and 'a' of beat 4. Relax, and keep them quite soft.



Similar idea in this groove with the left hand leading the double strokes.



Now we are playing doubles on the kick drum. Start slow to help with accuracy.



This pattern is a real workout, but sounds great as a fill. I suggest practicing this one with a metronome!

