

LESSON 1 SUPPLEMENTAL EXERCISES-A

Assignment: Clap the rhythms while counting out loud. Use a metronome and set it to 80 beats per minute to the quarter note. Once you are able to complete each of these exercises at 80 bpm, add 10 bpm to the metronome until you reach 130 bpm.

1

COUNT: 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

2

COUNT: 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

3

COUNT: 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

4

COUNT: 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

5

COUNT: 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

LESSON 1 SUPPLEMENTAL EXERCISES-B

Assignment: Clap the rhythms while counting out loud. Use a metronome and set it to 80 beats per minute to the quarter note. Once you are able to complete each of these exercises at 80 bpm, add 10 bpm to the metronome until you reach 130 bpm.

1



COUNT: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4

2



COUNT: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4

3



COUNT: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4

4



COUNT: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4

5



COUNT: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4

LESSON 1 SUPPLEMENTAL

EXERCISES-C

Assignment: Clap the rhythms while counting out loud. Use a metronome and set it to 80 beats per minute to the quarter note. Once you are able to complete each of these exercises at 80 bpm, add 10 bpm to the metronome until you reach 130 bpm.

1

COUNT: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4

2

COUNT: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4

3

COUNT: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4

4

COUNT: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4

5

COUNT: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4