

# Ghost Notes & Triplets

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In this lesson we are going to use the standard triplet rudiment to help improve the strength and control of our weaker hand. The key to getting this idea to sound sweet is to keep the ghost notes nice and delicate while maintaining a solid groove.

The first exercise we are going to do is playing the standard triplet between the hi hat and snare as 8th notes, counting **1 - trip - let, 2 - trip - let, 3 - trip - let, 4 - trip - let**

In this exercise, we are playing the same pattern as 16th notes, with the right hand moving on to the snare on beats 2 and 4

In the next two ideas, we are now adding some kick drums to our back beat to give us some basic 4/4 grooves. Play the drum beat for a couple of bars without the ghost notes, before adding them in for the following 2 measures as played in the video.

Finally, we have a few more ideas to play around with that were featured in the video. Enjoy.