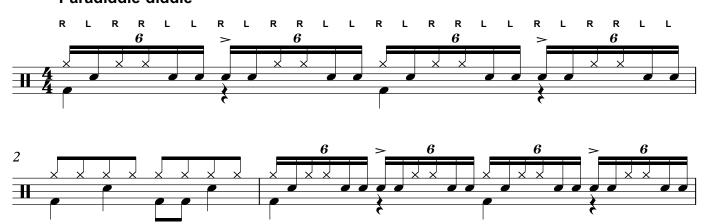
Sextuplet Paradiddle Groove

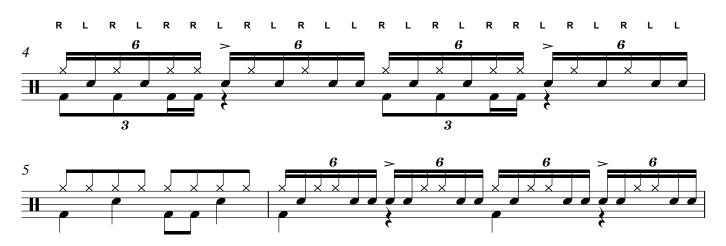
By Alex Ribchester

In this week's lesson we have got a cool sounding groove that uses two paradiddle based sticking patterns with a sextuplet rhythm. The idea sounds great when played on the bell of the ride or orchestrated around the toms. Beats 1 & 2 use the paradiddle-diddle pattern, while beats 3 & 4 are a double paradiddle sticking. This groove will work great as an exercise for improving your left hand's ghost and double strokes as the groove requires a bit of dynamical awareness to work. Below is a break down of each of the sticking patterns involved, which both work well on their own.

Paradiddle-diddle



Double Paradiddle



Both sticking patterns combined

