

Sextuplet Paradiddle Groove

By Alex Ribchester

In this week's lesson we have got a cool sounding groove that uses two paradiddle based sticking patterns with a sextuplet rhythm. The idea sounds great when played on the bell of the ride or orchestrated around the toms. Beats 1 & 2 use the paradiddle-diddle pattern, while beats 3 & 4 are a double paradiddle sticking. This groove will work great as an exercise for improving your left hand's ghost and double strokes as the groove requires a bit of dynamical awareness to work. Below is a break down of each of the sticking patterns involved, which both work well on their own.

Paradiddle-diddle

R L R R L L R L R R L L R L R R L L R L R R L L

Musical notation for the Paradiddle-diddle pattern in 4/4 time. The notation is split into two systems. The first system shows beats 1 and 2, with the first half of each beat containing a sextuplet of eighth notes. The second system shows beats 3 and 4, with the first half of each beat containing a sextuplet of eighth notes. Above the notes, 'x' marks indicate the sticking pattern. The word '6' is written above each sextuplet. Accents (>) are placed above the first note of each sextuplet. The drum set icon shows the snare and tom.

Double Paradiddle

R L R L R R L R L L R L L R L L R L R R L R L R L L

Musical notation for the Double Paradiddle pattern in 4/4 time. The notation is split into two systems. The first system shows beats 1 and 2, with the first half of each beat containing a sextuplet of eighth notes. The second system shows beats 3 and 4, with the first half of each beat containing a sextuplet of eighth notes. Above the notes, 'x' marks indicate the sticking pattern. The word '6' is written above each sextuplet. Accents (>) are placed above the first note of each sextuplet. The drum set icon shows the snare and tom.

Both sticking patterns combined

Musical notation for the combined sticking patterns in 4/4 time. The notation is split into two systems. The first system shows beats 1 and 2, with the first half of each beat containing a sextuplet of eighth notes. The second system shows beats 3 and 4, with the first half of each beat containing a sextuplet of eighth notes. Above the notes, 'x' marks indicate the sticking pattern. The word '6' is written above each sextuplet. Accents (>) are placed above the first note of each sextuplet. The drum set icon shows the snare and tom.